

Made possible through Center's for Medicare and Medicaid Region IV and the Georgia Department of Community Health's civil monetary penalty fund, Georgia's Music Integration Program for Seniors (MIPS), Project # 2016-04-GA-1107, uses the power of personalized music to help residents remain connected with their past and maintain a meaningful quality of life. Integrating the use of instruments, music assisted bathing, and the Music & Memory Certification, centers strive to achieve the following positive effects of music on their residents; especially those effected with dementia:



Music Integration Program for Seniors

*Giving Life
To Memories
Through Music*

- Improved mood
- Enhanced engagement and socialization
- Reduced use of antipsychotics, anxiolytics, and antidepressants
- Less agitation
- Heightened ability to communicate
- Fewer falls and less resistance to care
- More meaningful interactions

Through a strong commitment to a program focused on the skilled nursing centers' Interdisciplinary team and through the inclusion of community members, MIPS continues to impact residents and families throughout Georgia.



▶ 150 skilled nursing centers participating



▶ 117 centers certified in
Music & Memory to date



▶ Improvement in 7 out of 8 Quality Measures



Geographical Reach:
105 counties in Georgia

▶ 2250 residents



for whom grant funds
equipment & instruments

Story 1:

One resident at our center would only respond to questions by saying “yes and yes,” “that and that,” or “no and no.” She would repeat only those words throughout the day and was unable to answer questions effectively. This resident would become easily agitated and frustrated when she was unable to get her point across. She would also wander and attempt to exit seek. She was placed into the music and memory program and was given an iPod, with personalized music, geared toward her musical preferences. She enjoyed listening to a variety of music, but her favorite song was “You Are My Sunshine.” When the resident was listening to her personalized music, she was able to sing every word of the songs she was listening to rather than being limited to “yes and yes” or “that and that.” Once she had her music, she would no longer exit seek, and her agitation would disappear completely. The music calmed and relaxed her. Sadly, this resident has recently passed away. Moved by the positive impact listening to music had on the resident in her final days of life, the resident’s family shared a video of her enjoying listening to her personalized playlist at her funeral. Family members sat in amazement as they watched their loved one singing words to her favorite songs!



▶ “Transformational for our residents. Not only does MIPS provide the ability to personalize our resident’s care plans, but also their experiences and overall wellbeing.”

- Erin Jones, Carlyle Place, Macon, GA



▶ “Music had such an impact on her and her quality of life while she was at our facility!”

- Brock Staples, Westbury Home, Jackson, GA

Story 2:

I have a resident who would become easily agitated and display combative behaviors during periods of agitation. Prior to starting the music and memory program, this resident was taking psychotropic drugs. Through the program, a personalized playlist was implemented into his care plan to combat his agitation and combative behaviors. He loves a variety of music, but his favorite artist is B.B. King. When B.B. King is played, he will shout “Sing it BB!” This resident has had nothing but positive reactions and results when listening to his playlist. During the resident’s periods of agitation, the personalized music is implemented, and his behaviors improve. This resident’s medication was slowly reduced and, as of today, he no longer takes any psychotropic drugs.

▶ “One resident’s combative behaviors are no longer present... his mind is geared towards the music and he is no longer on psychotropic drugs.”

- Brock Staples, Westbury Home, Jackson, GA

Story 3:

One resident, after losing her spouse, refused to attend any parties or events. Prior to the loss, the resident was very active and attended almost every center event. We suggested she try listening to an iPod with her preferred music. She shared that she would often play the music to help her drift off to sleep while enjoying memories of her departed spouse. After about a month, the resident attended a music event and soon after became a regular attendee at other functions. The resident stated that listening to the music helped her release her emotions so that she could attend events without fear of crying uncontrollably.